



Disability Inclusion Lab

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UCLA Autism Media Lab 2019 ***Inclusion is Hard. It's Worth It.***

Film Tool Kit: *LET ME EXPLAIN*

INTRODUCTION

Imagine being locked inside a cage where no one could hear you, no matter how loud you screamed. That is the life of people with a form of autism that prevents their body from communicating through speech, even though their minds are sound and they have the same thoughts as you and I.

Now imagine a communication revolution that gave them a voice after years of being silent, and perceived as incapable of intelligence.

Now imagine these people make films about what it is like to live with autism, and the challenges they face to be included in society.

That is, in short, the Autism Media Lab, a ground-breaking documentary film production course at UCLA. From the Autism Media Lab comes a series of seven unique documentary shorts, created by non- or minimally speaking people with autism in close cooperation with UCLA students and faculty.

BACKGROUND

In 2019, the University of California at Los Angeles's Disability Inclusion Lab embarked on a cutting-edge course that endeavored to explore inclusion from in front of and behind the camera. The Autism Media Lab explored inclusion for people with autism who are non-speaking, minimally-speaking or unreliably-speaking through a unique fusion of disability studies and documentary film. This course allowed students to learn directly from non- and minimally-speaking individuals with autism called Community Teachers. This unique learning environment ensured that discovery came from immersion in both scholarship and the lived experiences of individuals facing barriers to inclusion.

The lab formed six film crews comprised of undergraduate students partnered with the Community Teachers. The crews were guided by faculty from both the UCLA Disability Studies (Judy Mark) and Film Departments (Sjoerd Oostrik) as well as a graduate student teaching assistant from the Department of World Arts and Cultures/Dance (Jingqiu Guan). The film crews collaboratively created six short documentary films, each exploring inclusion in various community settings with a goal of identifying pathways to inclusion. The films explore exclusion of people with autism in education, employment, friendship, public safety, health care, and religious communities.

In addition, faculty and filmmakers Oostrik and Guan made a seventh film that explored the making of the Autism Media Lab and the challenges faced to ensure inclusion behind the camera as well. The final “making of” film features the students and community teachers as they learn together in class, behind the scenes as the films are made, and as some of them make a trip to the United Nations to present the class at World Autism Awareness Day.

We hope that the documentaries will be used as conversation starters on the subject of inclusion.

DISCUSSION FORMATS

The idea of this toolkit is to give you the means to set up a focused conversation among your audience and within your community; a discussion that focuses on a few pre-determined topics with the goal of cultivating an in-depth and generative dialogue on these topics that could lead to action.

Two options for the format of the discussions following the screening include:

1. A Q&A format between a conversation moderator and the audience, using provided questions below.
2. A panel discussion with real-life experts—people with autism. If no self-advocates with autism are present at your screening, or no one is willing to take part in a panel, you can also ask family-members and friends, professional caretakers, or experts to take part in the panel. The panel could also answer some of the questions provided in this toolkit.

You can also choose to mix both formats depending on your targeted audience and the results you hope to achieve through the screening.

We recommend using the questions of this tool-kit to steer the conversation as much as possible towards the more difficult questions and points of action. The organizer can choose to share these questions prior to the film screening and guide the audience to keep these questions in mind while watching the films.

We also include ideas for action called, “Try Harder.” The actions are suggestions from the filmmakers on what audience members can do to encourage inclusion for people with autism. Some actions may be more appropriate for certain audiences. These ideas are in no way exhaustive and we encourage the organizations sponsoring the film screenings to develop additional ideas for action.

TIPS FOR FACILITATING AND MANAGING DISCUSSION

1. Inclusion of people with autism in your post-screening discussion

Because inclusion is the theme of the films, we always recommend giving autistic self-advocates the possibility to take key roles in the post-screening conversation, particularly those who type to communicate, such as typing on a letter board or an iPad. The self-advocates should be given the option to take part in the panel or to present. Because it can take self-advocates who type to communicate more time to answer questions, it is always a good idea to give them the questions several days before the actual screening so they can prepare their answers.

If people with autism who use alternative methods to communicate are going to answer questions live at your post-screening discussion, they will likely need additional time. It is important to ask the autistic person before the screening how they would like to answer questions live. Here are some possible options:

- After the question is posed, the audience can wait while the person with autism is typing.
- After the question is posed, the discussion moderator can have a speaking person on the panel answer the question while the person with autism types out their answer.
- Right after the films are shown, the audience members can write down their questions, which can be provided to the panelists. As soon as a panelist has typed their answer, the moderator could read the question and the panelist could use their device or support staff to read their answer.

2. Words Matter

When facilitating a discussion about the inclusion of people with non-speaking or minimally speaking autism, it is important to ensure that the conversation is respectful and recognizes the value that they bring to our communities. You want to correct any negative stereotypes that may surface in the discussion, such as those that question an individual's intelligence or ability to communicate.

3. "Person with Autism" versus "Autistic Person"

There is a debate within the autism community about whether you use person-first language ("person with autism") or identity-first language ("autistic person" or "an autistic"). Many in the disability rights community believe that person-first language is the most respectful because it implies that the individual is a person first and their diagnosis is not all that they are. But many self-advocates with autism argue that being autistic is as much a part of their identity as race, gender, religion, or sexual orientation. If you are including autistic self-advocates on a discussion panel, you should ask them how they would like to be identified. In our films, you will hear both person-first and identity-first language and, during our course, we would use both terms depending upon how the individual wanted to be identified.

4. Inclusion versus Segregation

The theme of the films is "Inclusion is hard. Try harder." You may encounter audience members who have tried inclusion and find that it didn't work. They may advocate for special programs, classrooms, and housing communities for people with autism. During the discussion, it is important to probe why inclusion hasn't worked and what could have been improved. Ask, "Were there enough supports in place? Was everyone at the school committed to inclusion? What other barriers existed?" There are many examples of inclusion working successfully, but behind that success almost certainly existed people who fought very hard for inclusion against significant challenges. You could ask the audience for some inclusion success stories or ideas.

STRUCTURE OF THE GUIDE for *LET ME EXPLAIN*

For each film, we included discussion questions based on specific themes and scenes we identified. The call-to-action section encourages the audience to identify one specific, relevant, and executable action. Finally, we also provided a list of suggested readings related to the topic each film addresses. These readings offer helpful contextual information for each film.

***LET ME EXPLAIN* Film Description:**

Police encounters are the worst nightmare for most people with autism and their families. What could happen when the police start giving you direct orders and your body does not allow you to follow those directions? Built up out of disturbing archival footage and a unique behind the scenes look of LAPD autism awareness training, *Let Me Explain* takes a hard and deep look into the increasing interactions between police and people with autism, some of which go terribly wrong.

Discussion Questions

A. Procedures / Use of force

In the bodycam footage of the Kodiak Police Department shot on 9/16/2015, we hear the police officer talk about the procedure he carried out: “So we went in, we tried to talk to him, I don’t know he’s autistic... So he resisted arrest, we are handcuffing him... so we put him on the ground. That’s procedure... There is three of us, he is strong... We don’t look at people if they are autistic, we don’t have a record of that. So I pepper sprayed him.”

Later on in the film Austin Dove, Criminal Justice Attorney and father of an autistic son says, “Police officers need to think about turning off the button that often seems to be on, that says we have got to show force, we have to come into a situation and have to be the toughest person on the scene, and that’s how you get control of things. I think police officers should shift that.”

1. What do you think about these police procedures? Do you think the procedures were wrong, or that officers should become better at recognizing signs of autism? Or both?
2. Should police have different procedures for different kinds of people? Should procedures be changed for all people? What would that look like?
3. How would you like to see procedures be prescribed for people with autism?

B. Slowing it down

LAPD officer Carlos Martinez says in the beginning of the film that one of the hardest things to learn for him, when it came to people with autism, was to learn how to slow things down. “Because for us everything is fast paced. Solve the problem, and move on to something else.”

1. Why is it hard for a police officer to slow things down?
2. How would moving fast vs. slow with people on the autism spectrum result in different consequences?
3. How can police training help prevent situations from going bad?

C. How to keep your community safe

In the film, self-advocate Neal Katz, who types to communicate, reenacts a police encounter he once had himself. A neighbor called the police on him because he was smelling flowers in a yard that was not his own.

1. What else could the neighbor have done in a situation like this?
2. What role should people who are not members of a police force, such as neighbors, colleagues, people who work in the community, play in keeping a community safe?
3. What role should the police play in keeping a community safe?
4. What sort of safety worries do you have for your community and what is the best way to keep your community safe?

Call to Action

What can you and your community do to make your community, and specifically people with autism, more safe? Try to come up with at least one action you can take in the immediate future.

Suggested Readings

Baladerian, N. J., Coleman, T. F., & Stream, J. (2013). Abuse of people with disabilities: Victims and their families speaks out: A report on the 2012 National Survey on Abuse of People with Disabilities. Retrieved from

Spectrum Institute, Disability and Abuse Project website: <http://www.disabilityandabuse.org/survey/survey-report.pdf>

Silberman, S. (2017, September 19). The police need to understand autism. *The New York Times*. Retrieved from <https://www.nytimes.com/2017/09/19/opinion/police-autism-understanding.html>